



weekly MEAL PLAN

Click recipe name to print each recipe.

MONDAY

(easy)

[Mini BBQ Bacon Cheddar Meatloaf](#)

TUESDAY

(Mexican)

[Doritos Casserole](#)

WEDNESDAY

(soup or salad)

[Chinese Chicken Salad](#)

THURSDAY

(mix it up)

[Chicken and Bacon Pasta](#)

FRIDAY

(comfort)

[Creamy Sausage Spaghetti](#)

SATURDAY

SUNDAY

adjust day(s) for weekend plans, take-out day, and/or leftovers

DESSERT/ SNACK

[No-Bake Strawberry Cheesecake Parfait](#)

SHOPPING LIST