



weekly MEAL PLAN

Click recipe name to print each recipe.

MONDAY

(easy)

[Orange Chicken](#)

TUESDAY

(Mexican)

[Dorito Taco Salad](#)

WEDNESDAY

(soup or salad)

[Chicken Pot Pie Soup](#)

THURSDAY

(mix it up)

[Instant Pot Meatballs and Gravy](#)

FRIDAY

(comfort)

[Easy Baked Stuffed Shells](#)

SATURDAY

SUNDAY

adjust day(s) for weekend plans, take-out day, and/or leftovers

DESSERT/ SNACK

[Strawberry Crinkle Cookies](#)

SHOPPING LIST